



Fit Guidelines

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Men's (Chest)	—	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
Men's (Waist)	—	28-30	32-34	34-36	38-40	40-42	44-46	48-50	50-52
Women's (Chest)	34.5	36.5	39	42	46	50	—	—	—
Women's (Size)	—	6-8	10-12	14-16	18-20	22-24	—	—	—
Men's Chef (Chest)	32-34	36-38	40-42	44-46	48-50	52-54	56-58	—	—
Chef Pants (Waist)	24-26	28-30	32-34	36-38	40-42	44-46	48-50	—	—
Women's Chef (Chest)	32	34-36	38-40	42-44	—	—	—	—	—